

LOWLANDER

LONDON'S PREMIER BELGIAN
BAR & BRASSERIE

BAR SNACKS

MARINATED OLIVES 4.95 **VE**

Slightly spicy marinated
olives (140kcal)

MIXED NUTS 4.95 **V**

Almonds, Cashews, Hazelnuts
and Pecans (510kcal)

CHEESE SNACKS 7.95 **V**

Cubed cheese from one of our Trappist brewery
partners, served with mustard and celery (500kcal)

SAUCISSON 7.95

Dry-cured sausage served with
cornichons (250 kcal)

STARTERS & SMALL PLATES

FRIED POLENTA 4.95 **V**

Polenta fries seasoned with rosemary salt
and covered in Parmesan (373kcal)

CAPONATA 6.95 **VE**

Fried aubergine, peppers and pinenuts in agrodolce sauce.
Served with sourdough bread (215kcal)

PADRON PEPPERS 7.95 **VE**

With sea salt (141kcal)

CHEESE CROQUETTES **VE**

3 for 8.50 (703kcal) or 6 for 15.00 (1,263kcal)

With homemade spicy ketchup

BITTERBALLEN 8.95

Five classic beef bar snacks (449kcal)

GRILLED SARDINES 8.95

Grilled sardines in a capers and tomato sauce (725kcal)

SHRIMP CROQUETTES

3 for 8.50 (391kcal) 6 FOR 15.00 (751kcal)

With homemade spicy ketchup

PAN FRIED CHORIZO 9.95 **VE**

In a red wine & balsamic glaze (836kcal)

PRETZELS 7.95 **VE**

With beer cheese and honey & mustard dips (736kcal)

BUILD YOUR OWN BURGER

CHOOSE YOUR PROTEIN

All burgers come in a brioche bun, with lettuce mayonnaise,
burger sauce and fries

HALF POUNDER BEEFBURGER

(1,239kcal) 15.95

BELGIAN SPICED BEEFBURGER

(1,174kcal) 15.95

6OZ CHICKEN BREAST

(1,000kcal) 15.95

CHOOSE YOUR ADD-ONS

Extra patty £1.95 (421kcal)

Smoked cheddar £1.50 (122kcal)

Blue cheese £1.50 (100kcal)

Bacon £1.95 (94kcal)

Fried egg £1.00 (152kcal)

Gherkin £0.80 (11kcal)

Caramelised onions £1.00 (67kcal)

Crispy onions £1.00 (151kcal)

Tomato £0.80 (3kcal)

VEGAN QUARTER POUNDER **VE**

(960kcal) 14.95

Served on a grilled vegan bun, with vegan lettuce mayo,
vegan cheese, tomato and rocket leaves.

BRATWURST HOTDOG

(1,001kcal) 14.95

All hot dogs come in a brioche bun with fries

CHOOSE YOUR ADD-ONS

Smoked cheddar £1.50 (122kcal)

Caramelised onions £1 (67kcal)

Mustard £0.50 (37kcal)

Ketchup £0.50 (51kcal)

Crispy onions £1 (151kcal)

Homemade relish £1 (116kcal)

Sauerkraut £0.80 (13kcal)

MOULES

ALL MOULES 18.95

Lowlander is famous for mussels, which are
served with skinny fries and toasted ciabatta

Why not upgrade your skinny fries
to chunky chips (260kcal) or
sweet potato fries (287kcal) for 1.50

MOULES MARINIÈRES

White wine, shallots, garlic and parsley, finished with
a tap of cream (main 1,761kcal, starter 920kcal)

MOULES PROVENCAL

White wine, shallots, garlic, olives & tomato with
a fragrant mix of oregano, basil & parsley
(main 1,349kcal, starter 591 kcal)

CHORIZO AND CIDER

Pulpt cider, smoked bacon and chorizo with leek, thyme,
garlic & shallots (main 1,566kcal, starter 754kcal)

MUSSELS OF THE DAY

Please see our specials board for our Moules of the day

All of our moules dishes can be served as a
starter portion, with toasted ciabatta for 10.45

Please see our specials board
for our Moules of the Day

SHARERS

LOWLANDER PLATTER 29.95

Cheese croquettes, shrimp croquettes, Padron peppers,
fried polenta, pan fried chorizo (2,400kcal)

SAUSAGE PLATTER 29.95

Jumbo frankfurter, pork bratwurst, Vienna smoked beef
sausage, paprika sausage, all served with skinny fries,
sauerkraut, toasted ciabatta, gherkin and
Dijon mustard (1,900kcal)

MEZE PLATTER 22.95 **VE**

Houmous topped with coriander, pumpkin seeds and
pomegranate seeds, olives, falafel, sundried tomatoes,
gherkins, toasted flatbread and ciabatta (1,213kcal)

SIDES

SKINNY FRIES 4.95 **VE** (311kcal)

CHUNKY FRIES 4.95 **VE** (260kcal)

SWEET POTATO FRIES 4.95 **VE** (310kcal)

HOUSE SALAD 4.95 **VE** (100kcal)

SAUTÉED SUMMER GREENS 4.95 **VE** (129kcal)

SAVOURY WAFFLES

CRISPY BUTTERMILK CHICKEN 12.95

Homemade waffle topped with tomato salsa
and buttermilk fried chicken (641kcal)

CHEESE BURGER 12.95

Homemade waffle topped with burger patty pieces
with melted cheese and burger sauce (911kcal)

POPCORN TEMPEH 12.95 **VE**

Homemade waffle topped with sweet and sour
popcorn tempeh (1,114kcal)

MAINS

CHICKEN SCHNITZEL 18.25

With skinny fries and mayo (946kcal)

CAESAR SALAD 15.95

Cos lettuce, croutons, parmesan and anchovies with
a classic Caesar dressing (909kcal)

Add chicken (185kcal) 4.25 Add bacon (107kcal) 1.95

FISH & CHIPS 18.25

With mushy peas, homemade tartare sauce,
with chunky chips and lemon (988 kcal)

GRILLED TEMPEH AND COUSCOUS SALAD 12.95 **VE**

Crispy grilled tempeh on a bed of couscous salad
with roasted chickpeas (771 kcal)

DESSERTS

ALL DESSERTS 7.95

CHOCOLATE BROWNIE WAFFLE **VE**

Belgian waffle topped with a warm brownie and
Chantilly cream covered in chocolate sauce (892kcal)

SUNDAE WAFFLE **VE**

Belgian waffle topped with Chantilly cream, vanilla &
strawberry ice cream, chocolate & toffee sauce (740kcal)

ETON MESS WAFFLES **VE**

Classic dessert revisited. Belgian waffle topped with cream,
blueberries, strawberry pieces and meringue (620kcal)

Please note our moules are subject to availability. Please note we will add a
discretionary 12.5% service charge. Allergen Information. Our easy-to-use allergen
guide is available for you to use via a QR code. If you can't access the internet, we will
be happy to provide you with the information. Our food and drinks are prepared in food
areas where cross contamination may occur and our menu descriptions do not include all
ingredients. If you have any questions, allergies or intolerances, please let us know before
ordering. **V** = made with vegetarian ingredients, **VE** = made with vegan ingredients, **⊖**
= made with gluten-free ingredients, however, some of our preparation, cooking and
serving methods could affect this. If you require more information, please ask your server.
Fish dishes may contain small bones. All prices include VAT at the current rate. All major
credit cards are accepted. Adults need around 2000 kcal a day.

For calorie and allergen info,
please scan the QR code.





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